



sho BALANCE: Gluten-Free, Vegan Probiotics

From Japan, clinically researched vegan probiotic strain, *Lactobacillus casei* K-1, helps restore friendly gut bacteria so that you can stay positive and regular. Vegan, dairy free, gluten free, artificial free, and easy to swallow.



- *Lactobacillus casei* K-1: The Winning Probiotic. Thoroughly [researched by the Japanese scientists](#), it is selected as the optimal probiotic strain out of over 300 types of bacteria derived from fermented rice.

- 100 Billion CFU Per Dose in 2 Small Spheri-Gels™. Consuming *Lactobacillus casei* K-1 at 100 mg per day (100 billion CFU) for 2 weeks has been [clinically proven](#) to improve bowel movement in stool frequency, amount, and shape, for those who are constipated.

- Detox Effect to Counter Unhealthy Diet. Improvement of anti-mutagenic effect (elimination of cancer-causing substance from eating unhealthy foods such as burnt meat) is shown in research when *Lactobacillus casei* K-1 is consistently consumed for 200 mg daily.



- Prebiotic FOS. Fructooligosaccharides (FOS) acts as “food” for probiotics in the intestine, further assisting with intestinal microflora balance.

- Super Food Spirulina. It not only contributes to the natural dark green color of sho BALANCE Spheri-Gels, but more importantly, helps boost your gut and immunity power with its potent antioxidant effects.

- Plant-based flaxseed and olive oil. Rich in omega-3 fatty acid help keep digestive tract smooth, and immunity strong.

- Vegan, Gluten free, dairy free. No artificial colors or flavors, wheat, nuts, fish, shellfish, eggs, sweeteners. Lecithin contains a small trace of soy protein.

- Traceable, Clean, Effective Ingredients. Sourced only from the most reputable global companies:

Lactobacillus casei K-1: from [Kameda Seika](#) (amount of lactic acid bacteria: >1 trillion/g).

Spirulina: from [DIC Lifetec](#).

Flaxseed and Olive Oil: from [Summit Oil Mill](#).



Relieves constipation, boosts immunity.*

Japan technology, fermented rice probiotics.

Clinically effective 100 billion CFU.

Easy to swallow Spheri-Gels.

Patented daily-tracking dispenser.

Supplement Facts		
Serving Size: 2 Spheri-Gels™		
Servings Per Container 30		
Amount Per Serving %DV		
Lactobacillus Casei K-1	100mg	
	100 billion CFU	+
Prebiotic		
Fructooligosaccharides (FOS)	20mg	+
Spirulina	20mg	+
Flaxseed Oil (>45% ALA)	100mg	+
Olive Oil	38mg	+
* Daily Value not established		

Other Ingredients: Veggie gelcap (modified cellulose), Lecithin, Rice wax, Glycerin fatty acid ester.

* These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.